



PATIENT EDUCATION

When to call the clinic during radiation

A plain-language guide for patients and families. Bring this to your visit. It does not replace advice from your clinician.

Keep this where you can see it

Most side effects can wait for a weekday call or your next on-treatment visit. A few cannot. This sheet is a general guide. **Your** team may give you stricter rules for your diagnosis (for example, low blood counts or a recent surgery). When in doubt, call. We would rather hear a “false alarm” than miss an emergency.

Call the clinic the same day for

- Fever of 100.4°F (38°C) or higher, or shaking chills
- New or worsening shortness of breath, chest pain, or coughing blood
- Uncontrolled vomiting, diarrhea, or you cannot keep liquids down
- You cannot pass urine, or you have new confusion
- A wound, skin area, or mouth that is rapidly worse, foul, or spreading
- Pain that breaks through the plan you were given
- A fall, a new limp, or new weakness or numbness

Where CureRays may fit. CureRays Radiation Medicine after-hours and daytime numbers are on your visit sheet and at the bottom of this page. If you cannot reach us and the problem feels dangerous, go to the emergency department or call 911. Tell them you are on radiation and which area is being treated.

Usually waits for the next visit

- Mild tiredness, mild pink skin, or a small change in appetite you are still managing
- Questions about lotions, parking, or the next appointment time
- A worry you want to talk through that is not paired with a physical emergency



Call 911 or emergency services now for

- **Trouble breathing**, lips that look blue or gray, or you cannot speak full sentences
- **Crushing chest pain**, fainting, or a seizure
- **Worst headache of your life**, sudden facial droop, or you cannot move an arm or leg
- **Heavy bleeding** that will not slow with pressure
- **Thoughts of suicide or of harming others** — you can also call or text 988

What to have by the phone

- Your medicine list and allergies
- The area being treated and your last session date
- A recent temperature if you have a thermometer
- The name of a person who can drive you

Questions to ask at the start of care

- What is the after-hours number, and who answers it?
- Which hospital do you prefer if I need an emergency department?
- Are my blood counts low enough that fever is an emergency for me?
- Who is my backup if the primary nurse is out?

Practical tips

Put this page on the fridge. Save (844) CURERAYS in your phone as “CureRays clinic.” If you leave a message, say your full name, date of birth, a callback number, and whether we may leave a voicemail. Confirm your personal “watch for” list with your care team — this sheet does not replace that conversation.

How to schedule or learn more

CureRays Radiation Medicine® — 300 Sierra College Drive, Suite 150, Grass Valley, CA 95945

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